

Policy 24	CATHETER CARE
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Record of policy development		
Version	Date approved	Date for review
2.0	May 2019 - CEO	January 2021

Policy purpose: COASTLINK will provide safe and acceptable catheter care in the community, at home, in Coastlink centres by appropriately trained and certified support workers.

Policy: Every client with a catheter receives appropriate catheter management relevant and proportionate to their individual needs and professionally written plans.

Relevant Standards

NSW Disability Service Standards:

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|------------------------------|--------------------------|
| 1. Rights | 4. Feedback & Complaints |
| 2. Participation & inclusion | 5. Service Access |
| 3. Individual outcomes | 6. Service Management |

NDIS Practice Standards:

1. Rights and Responsibilities
2. Provision of Supports
3. Support Provision Environment
4. High Intensity Daily Personal Activities
5. Specialist Behaviour Support
6. Implementing Behaviour Support Plans
7. Early Childhood Supports

Aged Care Quality Standards

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|---|---------------------------------------|
| 1. Consumer dignity and choice | 5. Organisation's service environment |
| 2. Ongoing assessment and planning with consumers | 6. Feedback and complaints |
| 3. Personal care and clinical care | 7. Human resources |
| 4. Services and supports for daily living | 8. Organisational governance |

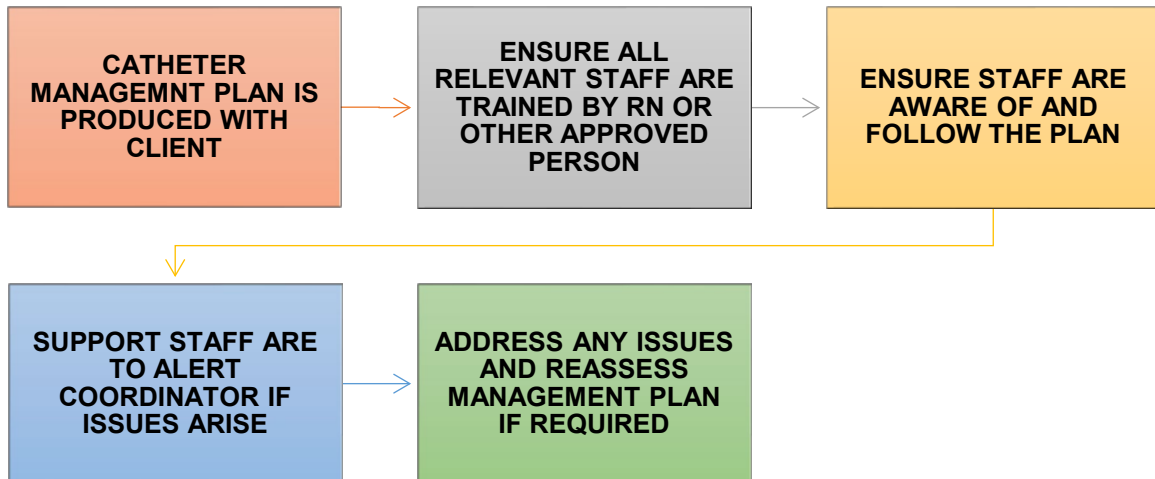
Related Legislation & References
National Disability Insurance Scheme (Provider Registration and Practice Standards) Rules 2018
National Disability Insurance Scheme (Complaints Management and Resolution) Rules 2018
National Disability Insurance Scheme Act 2013
National Disability Insurance Scheme Code of Conduct
NDIS Quality and Safeguards Commission
United Nations Convention on the Rights of Persons with Disabilities
Commonwealth Privacy Act 1988
Commonwealth Home Support Programme Guidelines
Aged Care Act 1997 (Cth), Schedule 2 User Rights Principles 2014. Charter of Rights and Responsibilities – Home Care
Better Practice Guide to Complaints Handling in Aged Care Services (2013)
Children and Young Persons (Care and Protection) Act 1998
Aged Care Quality & Safety Commission

Related Procedures	
Documents/Forms	

Responsibilities and delegations	
This policy applies to: Clients Employees/volunteers	It will be distributed through: Service User handbook, Coastlink website, Coastlink brochures Employee/volunteer handbook, shared drive
Policy approval	CEO

Definitions
Refer to definitions list at front of Coastlink Policy and Procedure Manual

PROVISION OF CATHETER CARE GUIDELINE OVERVIEW



PROVISION OF CATHETER CARE GUIDELINES

24.1 Clients

Each client is involved in the assessment and development of the plan for management of their catheter. With their consent, the client's health status is subject to regular and timely review by an appropriately qualified health practitioner. The plan identifies how risks, incidents and emergencies will be managed, including required actions and escalation to ensure client wellbeing

24.2 COASTLINK

As a part of any support service delivered by support workers COASTLINK will:

- Assess initial care needs with the client. Consider also the psychological needs and engage the client to access specialist help/advice (if necessary)
- Determine the areas of catheter care that the support worker may attend
- Develop plans with identified outcomes, which comply with medical professional developed plans and procedures for each individual
- Provide written procedures on the provision of catheter care and infection control by the support worker as part of the plan
- The plan for catheter care should be clearly documented in the home and only changed by the doctor or a registered nurse and access to policies and procedures be made available to support workers
- Identify education needs for support workers. All relevant workers must successfully complete training, relating specifically to each client's needs, type of catheter and high intensity support skills descriptor for catheter changing and management. This training must be delivered by an appropriately qualified health practitioner or a person that meets the high intensity support skills descriptor for urinary catheter changing and management. Coastlink employs a RN Educator for this process, however may use suitably qualified external agencies for accreditation and training purposes.
- When an in/out Catherisation is required COASTLINK will ensure that the support worker has the training and competency relevant to the sex of the person
- Monitor, review, evaluate and adapt as required the service, plans and outcomes with the involvement of the client

A paid registered nurse is required to:

- Change a suprapubic catheter
- Change an indwelling catheter

24.3 Support Workers

Support workers may NOT:

- Perform any duties that must be attended to by a registered nurse (as outlined above)

Support workers may:

- Perform any task on the plan, apart from those that must be performed by a registered nurse (or other suitably assessed person), after having completed competency training and being signed off as competent in the task by the service provider. Examples include:

- Do in/out catheterisation (often used with children)
- Empty drainage bag
- Change drainage bag
- Clean catheter site
- Ensure no obvious kinks in catheter
- Observe and report:
 - If urine not clean
 - If urine has unusual odour
 - If debris in urine
 - If output reduced
 - If catheter site red

Support workers must:

- Follow the plan as provided by the service provider
- Report to their supervisor of any changes or variations for advice
- Not change the plan
- Identify, and report to their supervisor, any gaps in their ability to deliver the required service including difficulties in completing the tasks within the allocated time