



# AGED CARE FRIENDSHIP GROUP ACTIVITY CALENDAR: JANUARY 2025



**MON  
6 JAN**

Welcome back! Let's enjoy a roast lunch, play a game of bingo and try out some exercises.



**TUES  
7 JAN**

Play bingo and enjoy some chair exercises. Roast for lunch.



**WED  
8 JAN**

Play bingo and enjoy some chair exercises. Roast for lunch.



**THURS  
9 JAN**

Play bingo and enjoy some chair exercises. Roast for lunch.



**FRI  
10 JAN**

Play bingo and enjoy some chair exercises. Roast for lunch.



**MON  
13 JAN**

Morning tea at Fairhaven. Thai for lunch in Woy Woy.



**TUES  
14 JAN**

Morning tea at Henry Kendall Cottage. Lunch at Burger King.



**WED  
15 JAN**

Morning tea at Henry Kendall Cottage. Lunch at Burger King.



**THURS  
16 JAN**

Morning tea at Heatherbrae Pies and shopping at Ten Tops. Lunch at Wyong Leagues Club.



**FRI  
17 JAN**

Morning tea at Heatherbrae Pies and shopping at Ten Tops. Lunch at Wyong Leagues Club.



**MON  
20 JAN**

Celebrate Australia Day with a BBQ lunch, thong toss and other fun activities.



**TUES  
21 JAN**

Celebrate Australia Day with a BBQ lunch, thong toss and other fun activities.



**WED  
22 JAN**

Celebrate Australia Day with a BBQ lunch, thong toss and other fun activities.



**THURS  
23 JAN**

Celebrate Australia Day with a BBQ lunch, thong toss and other fun activities.



**FRI  
24 JAN**

Celebrate Australia Day with a BBQ lunch, thong toss and other fun activities.



**MON  
27 JAN**

Australia Day Public Holiday. No group today.



**TUES  
28 JAN**

Play some fun card games and make your own mini pizzas for lunch.



**WED  
29 JAN**

Morning tea at Sue's Succulents. Thai for lunch in Green Point.



**THURS  
30 JAN**

Morning tea at Sue's Succulents. Lunch at Kincumber Hotel.



**FRI  
31 JAN**

Morning tea at Sue's Succulents. Lunch at Kincumber Hotel.

\*Activities are subject to weather and can change at any time. If you can't make it on the day, please phone us by 3pm the day before on 4321 1022.