



AGED CARE FRIENDSHIP GROUP - NORTH

ACTIVITY CALENDAR: AUGUST 2026

“North Group’s First Birthday”



Week
1

TUES
4 AUG

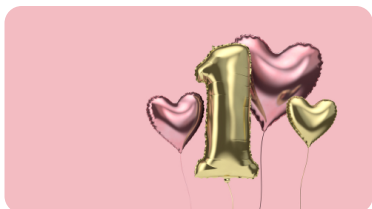
Enjoy cinnamon toast with seasonal fruit for morning tea, followed by tasty chicken schnitzel, fresh salad and mud cake for lunch. Fun games & brain-teasing puzzles to wrap up the day.



Week
2

TUES
11 AUG

Enjoy morning tea in the park before visiting Little Creek Cheese & Luka Chocolates. Set along the scenic Wyong River, we will then enjoy a relaxing lunch at The Wyong Milk Factory.



Week
3

TUES
18 AUG

🎉 Celebrate with us! Enjoy veggie sticks and dip for m/tea, hearty Minestrone soup with crusty bread for lunch. Birthday cupcakes to celebrate North Friendship Group’s 1st birthday with fun games & laughter! 🍰 🎈



Week
4

TUES
25 AUG

Enjoy a morning outing to Bunnings, followed by a visit to The Salvation Army Store in Tuggerah for some shopping. Lunch at Wyong Golf Club, where participants can enjoy the \$14 Seniors Lunch Special.

*Activities are subject to weather and can change at any time.
If you can’t make it on the day, please phone us by 3pm the day before on 4321 1022.*